

### APPENDIX 3: DRAFT FALLS ACTION PLAN

Priority	Action	Progress	When
0) Strategy	Refresh falls prevention strategy	Underway	September 2023
1) Engagement	Conduct engagement on strategy with the Public	Complete	June 2023
1) Engagement	Re-engage with key stakeholders e.g. NWS, Housing Associations	Ongoing	September 2023
2) Services	Conduct refresh training on falls with care homes	Underway	September 2023
2) Services	Commission Home Hazard Assessments	Complete	December 2022
2) Services	Increase number of home hazard assessments conducted	Underway	November 2023
2) Services	Increase referrals to commissioned services for users at risk	Underway	November 2023
2) Services	Commission multi-factorial risk assessments in the community	Complete	March 2023
2) Services	Launch modified strength and balance programme in a care home	Underway	August 2023
2) Services	Reduce falls risk within residential homes via Falls Sensors	Underway	August 2023
2) Services	Explore outreach classes in other locations	Ongoing	December 2022
2) Services	Reduce falls risk within residential homes via Safe Steps project	Complete	December 2022
3) Comms	Work as a group to develop and implement new comms plan inc. promotion of classes	Underway	September 2023
3) Comms	Run a Falls Awareness Week (18-23 Sept 22)	Underway	September 2023
3) Comms	Run a Falls Prevention Event during falls week	Underway	September 2023
3) Comms	Falls Leaflet Dissemination	Complete but 2 <sup>nd</sup> wave required	January 2024
3) Comms	Promote issue of falls via meetings with community groups	Ongoing	October 2023
4) Data	Update the Falls JSNA	Underway	July 2023
4) Data	Ensure regular data on number of falls locally is produced	Complete	March 2023
4) Data	Gather more evidence on why people are falling	Underway	December 2023

4) Data	Refresh mapping document on falls service pathways	Ongoing	September 2023
5) Strategies	Ensure any new place related strategies consider falls	Ongoing	March 2024
5) Strategies	Link with Places over maintenance of pavements/gritting	Ongoing	December 2023